



Creative connections



Foothills Women are all about making connections with God, each other and the world. Complete as many of these boxes as possible, and let us know how you do!

Phone or text someone you haven't connected with in a while and encourage her.

Ask God who to pray for. Commit to praying for them consistently each day. If you sense it would be encouraging, let them know you've been praying.

Quiet your mind, heart and body, and sit silently with God for five minutes. Tell someone what was helpful and hard about this practice.

Go for a walk with someone and tell each other three things you are thankful to God for. Then, together, thank God for these things.

Challenge someone to learn a verse from the Bible with you. Encourage and keep each other accountable as you learn.

Write a letter of appreciation to God, a friend or family member, then send or read it to them.

Write out Colossians 2:2 (NLT), and place it somewhere you can see it daily. This is our theme verse for 20/21. Tell someone what this verse is saying to you.

Enjoy God's creation. Read Psalm 19:1-6 and reflect on how creation speaks to you about God.

Write out three practices you use to grow closer to God. Share one with a friend and ask her what helps her connect intimately with God.